

Ryan Paul & THE ARDENT

ryanpaulandtheardent.com

ARTIST ONE SHEET



Bio: It took a near-death breakdown across the country to help Ryan Paul find his voice. The Minneapolis native entered the music scene in 1999 as Jeremy Ylvisaker's (Andrew Bird/Alpha Consumer) guitar tech and began playing guitar and touring with a smattering of Twin Cities art-rock bands.

By 2004, however, Paul lost himself in a haze of drug and alcohol addiction and eventually disappeared out east. It took nearly four years for Ryan to hit rock bottom and finally return home, with help of his family, to start his life and musical career over, sober and invigorated with direction and focus.

Gathering band of veteran Minneapolis musicians, including Paul's father on guitar and mandolin, and acclaimed drummer Steve Goold, Paul formed Ryan Paul and the Ardent in 2008. Originally intended as a one-time project, the band emerged as a vehicle for Ryan's sincere songwriting - a genre-bending brand of Americana rooted in Paul's personal struggles and story.

- In June of 2009, Ryan Paul & THE ARDENT released their first full-length record titled "La Vita Nuova".
- In June of 2010, the band released the digital EP, "Cute Souvenirs Session" - Tracked and mixed in just 10 hours. *"The EP exhibits an impressive development in craftsmanship, as well as a much darker character that has acquired comparisons of such opposing artists; The Cure, The Smiths and Arcade Fire."* - Indie Music Finds
- Since 2008, the band has established themselves in the Midwest, playing out constantly, as well as sharing bills with larger acts like Sam Roberts, Rock Plaza Central, and Kid Dakota.

Artist Name: Ryan Paul & THE ARDENT

Website: www.ryanpaulandtheardent.com

File Under: Indie Rock/Indie Pop

For Fans Of: The Jayhawks, The Cure, Delta Spirit, Arcade Fire

Discography: *La Vita Nuova* (2009), *Cute Souvenirs Session EP* (June, 2010)

Key Tracks: "Slow.Steady (*Cute Souvenirs EP*)", "All Along (*Cute Souvenirs EP*)", "Meet Me Where I Am (*La Vita Nuova*)"

What People Are Saying:

"With a reedy conversational singing voice that recalls Television's Tom Verlaine, a degree in working-man's rock riffs from the Drive By Truckers school, and hard-won wisdom to spare, Plewacki and his band are rapidly rising on the local roots-rock scene. The ascent should only hasten with this week's release of a new rough-and-tumble digital EP, the *Cute Souvenir Sessions*." - City Pages (US)

"Buzzworthy indie popsters Ryan Paul & The Ardent... will have you hanging on their poetic, enamoring words and toe-tappin' along with their sweet melodic arrangements." - Secrets of the City (US)

"Ryan Paul and the Ardent traffic in the sort of dusky folk-pop that's long had its bread buttered here in town... slightly urban and gritty quality to the work that separates it out from the legions of Jayhawks imitators in their midst." - Twin Cities Metromix (US)

"... an expansive affair, illuminated with country, blues and ballad driven love songs." - Manchester Music (UK)



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Cute Souvenirs Session EP
(Released June 2010)